

Participant Checklist



Before Leaving Home

Item	Checked
Original Cardiac Arrest evidence document i.e. discharge papers	
Original Identification document i.e. passport/driving licence	
Supporting documents if necessary i.e. wedding certificate, utility bill, alternative photo id	
Participant T-Shirt	

Destination

Item	Info
Address	Basildon University Hospital , Nethermayne, Basildon, Essex, SS16 5NL
Location	Robert Brown Postgraduate Education Centre
Parking	FREE! Adjacent to the event centre
Party	Ye Olde Plough House , Brentwood Road, Bulphan, Upminster RM14 3SR

Timings

Time	Item
11:00	Event and Exhibition open
11:00 - 12:30	Check in
11:00	Early and all day drop in sessions start i.e. First Aid, CPR+AED training
11:30	CTC Tours start
12:30	Lunch session 1, non-participant guests
13:00 - 13:15	Record attempt
13:15	Lunch session 2, participants
13:50	Welcome
14:00 - 17:00	Main talks
14:00 - 17:00	Afternoon drop-in sessions start i.e. Physiologist (ICD's), Counselling
17:00 - 17:30	Group photo outside CTC building (short walk required)
18:30	Celebration of Life Party at Ye Olde Plough House